Week 1

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Pot Roast	Baked Pork	Chicken	Meatloaf	Pork Loin	Fried Catfish	Sloppy Joe
	Rosemary	Chop	Spaghetti	Mashed	Black eyed	Steak Fries	on a Bun
	Potatoes	Baked	Green Beans	Potatoes with	Peas	Turnip	Whole
	Buttered	Sweet	Roll	Brown Gravy	Seasoned	Greens	Kernel Corn
	Carrots	Potato	Strawberry	Buttered Green	Cabbage	Hushpuppies	Okra and
	Roll	Fried Okra	Shortcake	Peas	Corn Muffin	Lemon	Tomatoes
	Chess Pie	Corn Muffin	Iced Tea	Roll	Banana Split	Meringue	Fruited Jello
	Iced Tea	Four Layer		Confetti Cake	Pie	Pie	Iced Tea
		Delight		with Icing	Iced Tea	Iced Tea	
		Iced Tea		Iced Tea			
DINNER	Chicken	Fish	Homemade	Autumn Berry	Hamburger	Grilled	Chicken
	Strips	Sandwich on	Vegetable	Chicken Salad	on Bun	Chicken	Fajita
	Corn	a Bun	Soup	Sandwich	Potato Chips	Patty	Mexican Rice
	California	Macaroni	Turkey	Potato Chips	Garden Salad	Roasted Red	Garden Salad
	Mixed	and Cheese	Sandwich	Marinated	Cookies of	Potatoes	Fruit of
	Vegetables	Confetti	Crackers	Cucumbers and	Choice	Mixed	Choice
	Roll	Coleslaw	Peach	Tomatoes	Iced Tea	Vegetables	Iced Tea
	Banana	Fruit Cup	Bavarian	Ice Cream		Roll	
	Cream Cake	Iced Tea	Cream	Iced Tea		Chocolate	
	Iced Tea		Iced Tea			Chip Bar	
						Iced Tea	

Week 2

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Chicken Pot	Spaghetti	Lemon	Salisbury Steak	Chicken and	Fried Pork	Baked Chicken
	Pie	with Meat	Pepper	Mashed	Dumplings	Chop	Potatoes Au
	Fried Okra	Sauce	Chicken	Potatoes with	Seasoned	Macaroni	Gratin
	Roll	Garden Salad	Buttered Rice	Brown Gravy	Cabbage	and Cheese	Mixed
	Mandarin	Garlic Bread	Roasted	Green Beans	Corn Muffin	Greens of	Vegetables
	Orange Cake	Blueberry	Brussel	Roll	Banana	Choice	Roll
	Iced Tea	Cream	Sprouts	Peanut Butter	Pudding	Corn Muffin	Pear Halves
		Cheese Pie	Garlic Cheese	and Brownie	Iced Tea	Chocolate	Iced Tea
		Iced Tea	Biscuit	Dump Cake		Meringue Pie	
			Blondie	Iced Tea		Iced Tea	
			Brownie				
			Iced Tea				
DINNER	Homemade	Chicken Philly	Hamburger	Potato Soup	Beef Fingers	Club	Sweet and
	Vegetable	Cheese Steak	on Bun	BLT Sandwich	Mashed	Sandwich	Sour
	Beef Soup	Sandwich	Tator Tots	Potato Chips	Potatoes	Potato Chips	Meatballs
	Grilled	French Fries	Garden Salad	Fruit Salad with	Buttered	Seasonal	Buttered
	Cheese	Relish Plate	Fruit Cup	Dressing	Carrots	Fruit	Noodles
	Sandwich	Strawberries	Iced Tea	Iced Tea	Roll	Cookie of	Broccoli
	Pear Salad	and Bananas			Pineapple	Choice	Roll
	with Cheese	Iced Tea			Slices	Iced Tea	Yellow Cake
	Cookie of				Iced Tea		with Icing
	Choice						Iced Tea
	Iced Tea						

Week 3

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Cola Brown	Sliced Turkey	Braised Beef	Fried Chicken	Beef and	Barbecue	Pork Chop
2011011	Sugar Ham	Cornbread	Tips	Baby Lima Beans	Tator Tot	Ribs	Rice with
	Baked Sweet	Dressing	Rice with	Squash	Casserole	Potato Salad	Brown Gravy
	Potato	Mixed	Brown Gravy	Casserole	Confetti	Baked Beans	Turnip Greens
	Cabbage	Vegetables	Honey Glazed	Corn Muffin	Coleslaw	Garlic Cheese	Corn Muffin
	Corn Muffin	Roll	Carrots	Banana Pudding	Broccoli and	Biscuit	Brownie with
	Coconut	Pecan Pie	Roll	Iced Tea	Cauliflower	Pineapple	Icing
	Cake	Iced Tea	Yellow Cake		Chocolate	Upside Down	Iced Tea
	Iced Tea		with Icing		Cake with	Cake	
			Iced Tea		Icing	Iced Tea	
					Iced Tea		
DINNER	Tuna Salad	BBQ Pulled	Chicken Salad	Pepperoni Pizza	Turkey Melt	Philly	Chicken Strips
	on Croissant	Pork	Sandwich	Whole Kernel	Potato Chips	Cheesesteak	Hidden Valley
	Rainbow	Potato Salad	Macaroni	Corn	Broccoli Salad	on Bun	Ranch Potato
	Rotini Salad	Baked Beans	Salad	Garden Salad	Peanut Butter	Potato	Salad
	Ice Cream	Garlic Bread	Marinaded	Fruit Cup	Cake	Wedges	Green Beans
	Iced Tea	Fruit of	Cucumbers	Iced Tea	Iced Tea	Buttered	Roll
		Choice	and Onions			Carrots	Cookie of
		Iced Tea	Chocolate			Vanilla	Choice
			Chip Cookie			Pudding	Iced Tea
			Iced Tea			Iced Tea	

Week 4

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Herb Roasted Pork Loin Baby Bakers Seasoned Cabbage Corn Muffin Mandarin Orange Cake Iced Tea	Hamburger Steak with Gravy Baked Potato Italian Green Beans Roll Chocolate Pie Iced Tea	BBQ Chicken Baked Beans Confetti Coleslaw Garlic Bread Caramel Pie Iced Tea	Country Fried Steak Mashed Potatoes with Brown Gravy Squash with Onions Roll Bread Pudding Iced Tea	Grilled Chicken Thighs Baked Sweet Potato Broccoli Salad Roll Strawberry Shortcake Iced Tea	Fried Catfish French Fries Greens of Choice Hushpuppies Lemon Pie Iced Tea	Baked Ham Baby Lima Beans Buttered Squash Corn Muffin Cheesecake with Strawberry Topping Iced Tea
DINNER	Cold Cut with Cheese Sandwich Garden Salad Peach and Cottage Cheese Salad Sugar Cookie Iced Tea	Parmesan Baked Fish Wild Rice Mixed Vegetables Roll Lemon Pie Iced Tea	Spaghetti with Meat sauce Garden Salad Garlic Bread Fruit of Choice Iced Tea	Baked Chicken Creamed Corn California Mixed Vegetables Buttered Biscuit Sherbert Iced Tea	Smoked Sausage Red Beans with Rice Green Beans Corn Muffin Banana Pudding Iced Tea	Chicken Salad Wrap Potato Chips Garden Salad Cookies of Choice Iced Tea	Minestrone Soup Grilled Cheese Sandwich Fruit of Choice Iced Tea